

triplep-parenting.net.au

Time flies. Make every parenting moment count.

Proven, positive strategies to help every family

Now free in Australia

CONFIDENTLY HANDLE PARENTING CHALLENGES WITH FREE ONLINE SUPPORT

You want to support your grandchild's development, grow closer and solve problems – positively. Now you can do the parenting program developed here in Australia, and used around the world. It's backed by research, proven by parents. And it's free!

- Create a positive foundation, right from the start.
- Boost children's emotional wellbeing and maintain a good relationship – now, and in the years to come.
- Know how to respond to your grandchild when they're anxious.
- Make family life less stressful and more enjoyable.
- Create stability and ease the transition through separation or divorce.
- Raise happier, more capable kids who can meet life's challenges.
- Practical, simple strategies you can start using straight away.
- Tailor the program to suit your grandchild and your unique family composition - and to be the best grandparent you can be!

Proven support for your positive parenting journey

Now, you can do Triple P programs online, at no cost. Choose what works for you, to help you manage the transition to parenthood, give your kids key life skills and help the whole family stay calm and positive. All family members can also do Triple P, so everyone's on the same page and there's less conflict.

- Interactive, easy-to-use online programs with videos and activities and a downloadable workbook.
- Each module only takes about an hour or less, and you can do just a few minutes at a time.
- Available anytime, at your place, at your pace!

Backed by research, proven by parents

Triple P is the world-acclaimed positive parenting program, backed by over 40 years of ongoing research. University-developed in Australia, our evidence-based programs are used and loved by families in more than 30 countries. We've helped over a million families in Australia, and we can support you, too.



START YOUR FREE PROGRAM TODAY!

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