



**Call
1300 659 467
for 24/7 support**

Suicide Call Back Service is a free nationwide service providing 24/7 telephone and online counselling to people affected by suicide

<https://www.suicidecallbackservice.org.au>



Services

Suicide Call Back Service offers free professional 24/7 telephone and online counselling support for people who are:

- at risk of suicide
- concerned about someone at risk
- bereaved by suicide
- experiencing emotional or mental health issues

Health Professionals

The Suicide Call Back Service includes an online search portal for health professionals/counsellors

Mental Health focus areas

- depression
- relationships
- loneliness
- work

Online Counselling

Suicide Call Back Service provides immediate telephone counselling and support in a crisis. Your call will be answered by a counsellor.

You can also access free video and online counselling on our website.

You may be eligible to receive up to four free telephone counselling sessions, scheduled at times to best suit your needs.

If it is an emergency, please dial 000.

Suicide Call Back Service is funded by the Australian Government Department of Health and Aged Care and is delivered by professional counsellors at Lifeline.