



# RESOURCE BOOKLETS for Kinship Carers

**LGBTQIA+**  
**families & communities**



## Queerspace

<https://www.queerspace.org.au/>

Queerspace provides a non-judgemental, queer affirmative counselling service. Queerspace staff come from one or more of the LGBTIQ+ communities so understand first-hand the importance of chosen family, supportive communities and building resilience. Queerspace has a focus on relationships, families, parenting and young people and offers co-located services across the north- west metropolitan region of Victoria

**Call (03) 9663 6733, 9am to 5pm Mon, Thu, Fri 9am to 8pm Tues, Wed**

### What services are available?

- Counselling (including individual, relationship and family counselling), case management, advocacy and support services)
- Peer support, including groups and seminars
- Professional development, training, consulting and support for organisations who work with LGBTIQ+ people and their families



## Queerspace Youth

<https://www.queerspace.org.au/our-services/queerspace-youth/>

Queerspace Youth is a peer-led program for Queer, Trans, Intersex, Gender Diverse or questioning people aged 16-25 years old.

**Call (03) 9663 6733 for support as above**

### What services are available?

- Monthly support groups and regular events including mental health and sexual health workshops, movie nights, art and music workshops as well as skill and capacity building activities where you can hang out and make new friends and build community.
- Mental health support workers are at each event and the organisation can assist with referrals to Queer-identified counselling and support services run through Queerspace



## Queerspace

<http://rainbownetwork.com.au/>

Online directory and network empowering people and organisations to provide inclusive services for young LGBTQIA+ Victorians. Established in 1998, Rainbow Network began as an intimate peer support group of workers who would meet to discuss the shared challenges they faced when working towards meeting the needs of LGBTIQ+ young people.

**Call (03) 9479 8870**

### What services are available?

- Directory of LGBTQIA+ groups and services across Victoria
- Resources such as videos, research, booklets
- Online Community of Practice sessions for workers to debrief and reflect, both professionally and personally with peers



## QLife

<https://qlife.org.au/>

QLife provides anonymous and free LGBTI peer support and referral for people in Australia wanting to talk about sexuality, identity, gender, bodies, feelings or relationships.

**Call 1800 184 527 3pm to midnight, 7 days a week**

### What services are available?

- The QLife family includes hundreds of highly experienced staff and volunteers Australia-wide. If you're looking to connect with someone to explore what's going on in your life, QLife are here to chat and to take your call from 3pm-midnight each day.
- QLife also welcome contact from people who may not be LGBTI but who want to talk about someone else they care about.



**Zoe Belle**  
Gender Collective

## **Zoe Belle Gender Collective**

<https://zbgc.org.au/>

Zoe Belle Gender Collective (ZBGC) is a trans and gender diverse led advocacy organisation based in Victoria. ZBGC's goal is to improve the health and wellbeing of trans and gender diverse (TGD) people by doing the following: providing education and awareness around TGD identities and experiences; advocating for greater social equity for the TGD community; addressing discrimination; tackling systemic barriers within health and human services; improving TGD people's ability to socially, legally and medically affirm gender identity; and working with and empowering TGD communities.

**Call 0467 569 635**

### **What services are available?**

- Support and training for organisations and individual practitioners who wish to improve their services to trans and gender diverse people and their families
- Workshops for Lesbian Gay Bisexual Transgender Intersex Queer Asexual plus (LGBTIQA+) and/or trans and gender diverse young people and allies
- Workshops for volunteers and clients of services on LGBTIQA+ and/or trans and gender diverse identities and allyship
- Secondary consultation for health and human service providers



**Beyond  
Blue**

## **Beyond Blue - Families like Mine**

<https://www.beyondblue.org.au/who-does-it-affect/lesbian-gay-bi-trans-and-intersex-lgbti-people/families-like-mine>

Families like mine is a multimedia guide that offers practical advice to families of young gender diverse people, same-sex attracted and bisexual people, and those who are questioning their sexuality or gender identity. The guide is free and has been distributed to parent groups, school councils and youth organisations across the country.

**Call (03) 9810 6100**



## Wire

<https://www.wire.org.au/>

Free support, referrals & information on any issue for women, non-binary & gender diverse people in Victoria. WIRE offer a range of training programs, information seminars and clinics, and also research and advocate for issues affecting women, non-binary and gender diverse people in our Victorian community, such as family violence, financial abuse and financial capability.

**Call 1300 134 130, 9am–5pm Mon–Fri**

### What services are available?

- Walk-in Centre
- Phone support line
- Live web chat
- Free information and resources on a wide range of topics, including information booklets, brochures, research reports, guides and videos.



## Rainbow Families

<https://www.rainbowfamilies.com.au/>

A voice for parents, carers and their children of a community of lesbian, gay, bisexual, transgender, and queer (LGBTQ+) families across Australia, where each family is included, respected and has value! Rainbow Families works to reduce discrimination and disadvantage faced by children of LGBTQ+ parents so they can thrive and shine and is a support network for parents and carers, as well as future parents and carers.

**Call 0481 565 958**

### What services are available?

- Community events
- Local family catch-ups
- Community programs
- Equality campaigns



## VICTORIAN PRIDE CENTRE

### Victorian Pride Centre

<https://pridecentre.org.au/>

The Victorian Pride Centre serves as a hub for LGBTIQ+ groups and organisations to share ideas and resources and to further their work in supporting equality, diversity and inclusion across the state. The Centre houses major and important LGBTIQ+ resident organisations, and provides flexible and multi-use spaces for hire.

### Call (03) 7035 3592

#### What services are available?

The centre has a comprehensive online resource directory for the following areas:

- Social connection
- Health & wellbeing
- Education & professional services
- Events for LGBTQIA+ communities



### Transgender Victoria

<https://tgv.org.au>

TGV is Victoria's leading body for trans and gender diverse people. They work to achieve justice, equity and inclusion for TGD communities, and their partners, families, friends, and allies. They aim to achieve better social, economic, health, wellbeing and mental health outcomes for TGD communities.

**<https://tgv.org.au/contact> Email: [hello@tgv.org.au](mailto:hello@tgv.org.au)**

#### What services are available?

- TGV partners with service providers to ensure they are TGD friendly
- TGV promotes an understanding of TGD issues in the broader community
- Peer support program
- Training, education
- Referrals on a range of issues (health, housing, finance, workplace) to relevant services



The Royal **Children's**  
Hospital Melbourne

## The Royal Children's Hospital - Gender Service

<https://www.rch.org.au/adolescent-medicine/gender-service/>

The Royal Children's Hospital (RCH) Gender Service aims to improve the physical and mental health outcomes of children and adolescents who are trans or gender diverse. Being trans or gender diverse is seen as part of the natural spectrum of human diversity.

**Call (03) 9345 6175**

### What services are available?

- The service accepts new referrals from across Victoria for any child or adolescent up to the age of 16 years with concerns regarding their gender identity.
- Families who access the Royal Children's Hospital Gender Service with their child or adolescent will be provided with a family centred approach to care. This will entail a multidisciplinary assessment of their child or adolescent regarding gender diversity or gender dysphoria. As an outcome of the assessment, support and treatment pathways will be offered.



Parents of  
Gender Diverse  
Children

## Parents of Gender Diverse Children

<https://www.pgdc.org.au/>

Parents of gender diverse children provides peer support to parents and those parenting trans and gender diverse children.

**Call (03) 9663 6733**

### What services are available?

- Direct peer support to families
- Information sessions, workshops and panels
- Referrals
- Tailored professional development and speakers to small and large groups



Care  
Education  
Advocacy

## Sexual Health Victoria

<https://shvic.org.au/>

Sexual Health Victoria offers a range of sexual health services for the lesbian, gay, bisexual, transgender, intersex, queer, and asexual/aromantic community. Sexual Health Victoria (SHV) seeks to advance sexual health literacy and build capacity through education services within the primary care and community-based systems to further support people to make decisions about their reproductive and sexual health and well-being that are right for them.

### Melbourne clinic - freecall 1800 013 952

#### What services are available?

- Reproductive and sexual health care and training clinics
- Training programs and professional development for health and human service professionals
- Professional development for teachers and youth/community workers
- Relationships and sexuality education for schools



## Melbourne Gay & Lesbian Chorus/shOUT Youth Chorus

<https://www.mglc.org.au/>

Melbourne Gay & Lesbian Chorus is the southern hemisphere's founding LGBTQIA+ choir. MGLC sings united in hopes for the future, strengthened by a common experience of struggle and using music to celebrate diversity and promote acceptance for LGBTQIA+ people. They work together to provide a supportive, inclusive community for all members.

<https://www.mglc.org.au/contact-us>

#### What services are available?

- MGLC regularly perform at community and corporate events, festivals and private functions, in addition to putting on their own concerts
- shOUT provides a platform for young people aged 18 - 29 to make their voices heard





## Better Pride

<https://betterpride.com.au/>

The Better Pride service provides mental health support for LGBTIQ+ people through facilitating community access, empowering clients, and working to diminish the impact of systemic challenges.

## Call 1800 531 919 for support

### What services are available?

- Mediation
- Donor planning
- Counselling & psychological mental health support
- Personal relationships
- Intimate relationships/partnerships
- Family relationships (both biological and chosen)



## Aleph Melbourne

<https://aleph.org.au/>

Aleph Melbourne is a social, support and advocacy group for same-sex attracted, trans and gender diverse, and intersex people (and allies) who have a Jewish heritage, living in Melbourne. Aleph Melbourne welcomes people who identify as same-sex attracted, trans and gender diverse, and intersex (LGBTIQ+), welcomes families and allies of LGBTIQ+ people and is guided by secular humanitarian principles.

## Call 0417 595 541

### What services are available?

- Gender support
- Intersex support
- Parents and family support

# **MINUS18**

## **MINUS18**

<https://www.minus18.org.au/>

MINUS18 are leading change, building social inclusion, and advocating for an Australia where all young people are safe, empowered, and surrounded by people that support them.

**Contact <https://www.minus18.org.au/contact>**

### **What services are available?**

- Life-affirming social inclusion - through mental health support
- Education & advocacy - through training, resources and digital campaigns
- Youth empowerment



## **Rainbow Door**

<https://www.rainbowdoor.org.au/>

Rainbow Door is a free specialist LGBTIQ+ (Lesbian, Gay, Bisexual, Transgender and Gender Diverse, Intersex, Queer, Asexual, BrotherBoys, SisterGirls) helpline providing information, support, and referral to all LGBTIQ+ Victorians, their friends and family.

**Call 1800 729 367, 10am–5pm, 7 days a week**

### **What services are available?**

- Suicidal thoughts support
- Family and intimate partner violence (including elder abuse) support
- Issues with alcohol and other drugs support
- Relationship issues support
- Sexual assault support and more

## Organisation website addresses

|   |   |
|---|---|
| Queerspace  | <a href="https://www.queerspace.org.au/">https://www.queerspace.org.au/</a>   |
| Queerspace Youth                                      | <a href="https://www.queerspace.org.au/our-services/queerspace-youth/">https://www.queerspace.org.au/our-services/queerspace-youth/</a>   |
| Rainbow Network                                       | <a href="http://rainbownetwork.com.au/">http://rainbownetwork.com.au/</a>   |
| QLife   | <a href="https://qlife.org.au/">https://qlife.org.au/</a>   |
| Zoe Belle Gender Collective                           | <a href="https://zbgc.org.au/">https://zbgc.org.au/</a>   |
| Beyond Blue - Families Like Mine                      | <a href="https://www.beyondblue.org.au/who-does-it-affect/lesbian-gay-bi-trans-and-intersex-lgbti-people/families-like-mine">https://www.beyondblue.org.au/who-does-it-affect/lesbian-gay-bi-trans-and-intersex-lgbti-people/families-like-mine</a> |
| Wire  | <a href="https://www.wire.org.au/">https://www.wire.org.au/</a>   |
| Rainbow Families                                      | <a href="https://www.rainbowfamilies.com.au/">https://www.rainbowfamilies.com.au/</a>   |
| Victorian Pride Centre                                | <a href="https://pridecentre.org.au/">https://pridecentre.org.au/</a>   |
| Transgender Victoria                                  | <a href="https://tgv.org.au">https://tgv.org.au</a>   |
| The Royal Children's Hospital - Gender Service        | <a href="https://www.rch.org.au/adolescent-medicine/gender-service/">https://www.rch.org.au/adolescent-medicine/gender-service/</a>   |
| Parents of Gender Diverse Children                    | <a href="https://www.pgdc.org.au/">https://www.pgdc.org.au/</a>   |
| Sexual Health Victoria                                | <a href="https://shvic.org.au/">https://shvic.org.au/</a>   |
| Melbourne Gay & Lesbian Chorus/<br>shOUT Youth Chorus | <a href="https://www.mglc.org.au/">https://www.mglc.org.au/</a>   |
| Better Pride  | <a href="https://betterpride.com.au/">https://betterpride.com.au/</a>   |
| Aleph Melbourne                                       | <a href="https://aleph.org.au/">https://aleph.org.au/</a>   |
| MINUS18   | <a href="https://www.minus18.org.au/">https://www.minus18.org.au/</a>   |
| Rainbow Door  | <a href="https://www.rainbowdoor.org.au/">https://www.rainbowdoor.org.au/</a>   |



**Kinship Carers Victoria**  
**0499 969 234**  
**[admin@kinshipcarersvictoria.org](mailto:admin@kinshipcarersvictoria.org)**



Families,  
Fairness  
and Housing

**Kinship Carers Victoria**  
**is supported by the Victorian Government.**